### 8 Reasons for Hope: Coronavirus (COVID-19) & Pregnancy

Tara Sander Lee, Ph.D.

CHARLOTTE

LOZIER

INSTITUTE

### 1. Pregnant Women Do Not Appear To Be At A Higher Risk Of Infection Compared To The Average Healthy Adult

Pregnant women are at risk for any viral respiratory infection, but there is not enough information to currently know whether pregnant women have a greater chance of getting sick from COVID-19 than the general public. According to the CDC and an article in the American Journal of Obstetrics and Gynecology, those at greatest risk of hospitalization are not pregnant women, but instead are more likely to be male, older adults (>65 years), and have underlying medical conditions (heart disease, lung disease, diabetes).

# 2. There is no evidence that coronavirus is transferred from mother to baby during pregnancy, unlike other viral infections such as Zika and Ebola

Three independent studies out of China published in the journals Lancet, Translational Pediatrics, and Frontiers in Pediatrics all report the same finding: there is no evidence of vertical transmission in mothers diagnosed during late pregnancy with COVID-19 pneumonia. The coronavirus was not detected in the amniotic fluid, cord blood, breast milk, or neonates. The CDC has issued interim guidance on breastfeeding for mothers with confirmed COVID-19 or under investigation for COVID-19.<sup>1</sup>

#### 3. There have been no cases of maternal deaths in pregnancy<sup>2</sup>

In a detailed analysis of all published reports of 38 pregnant women with COVID-19, of whom 37 had confirmed SARS-CoV-2 infection, there were no cases of maternal deaths. The majority of women underwent cesarean sections and there were co-morbid conditions present in some of the women, but they did not apparently result in life-threatening maternal COVID-19 related disease.

#### 4. Women infected with coronavirus during pregnancy deliver live babies

Recent studies from China in the journals Lancet and Translational Pediatrics report that 100% of pregnant women who develop COVID-19 pneumonia in their 3rd trimester go on to have live births.

#### 5. There have been no deaths from Coronavirus in newborns to date

According to the CDC, "We do not know at this time what if any risk is posed to infants of a pregnant woman who has COVID-19. There have been a small number of reported problems with pregnancy or delivery (e.g. preterm birth) in babies born to mothers who tested positive for COVID-19 during their pregnancy. However, it is not clear that these outcomes were related to maternal infection."<sup>3</sup>

## 6. There is no vaccine or cure, but there are up to 60 new treatments in development from some of the world's top drug companies

7. There are things you can do now to reduce your risk of infection during pregnancy

The virus is spread through respiratory droplets (when an infected person coughs or sneezes). You should avoid large crowds, avoid people who are sick, wash your hands often, and work from home if possible.

8. If you were scared and took the first dose of the abortion pill (Mifeprex or RU-486), but are now regretting that decision, there is still hope. ABORTION PILL REVERSAL IS POSSIBLE.<sup>4</sup>

Call the Abortion Pill Rescue 24/7 Helpline at 877-588-0333 as soon as possible. Every minute counts.

View online: <a href="mailto:sba-list.org/coronavirus/pregnancy">sba-list.org/coronavirus/pregnancy</a>

**Notice:** Information presented here is for educational purposes only. No material in this fact sheet is intended to substitute for professional medical advice, diagnosis, or treatment. Always s seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or treatment, or before undertaking a new health care regimen, Information is subject to change or updating – never disregard professional medical advice or delay in seeking it because of something you have read on this website or linked to it.

<sup>&</sup>lt;sup>1</sup> https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html

<sup>&</sup>lt;sup>2</sup> Society for Maternal Fetal Medicine reports one case in 18 women who required intubation and mechanical ventilation: https://s3.amazonaws.com/cdn.smfm.org/media/2262/COVID19\_PDF.pdf

<sup>&</sup>lt;sup>3</sup> https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html

<sup>&</sup>lt;sup>4</sup> Delgado G, C.S., Davenport M, et al, A case series detailing the successful reversal of the effects of mifepristone using progesterone. Issues Law Med, 2018. 33: p. 3-14.